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## Keeping children safe online - advice and support

As we move deeper into our digital age, the education, entertainment and communication potential coming from technology is continually increasing. Children use technology daily both at home and in school, the strategy is to teach them how to use it safely and responsibly.

Technology is also moving at a very fast pace so it can be hard to keep up with!

Remember there is so much information available to keep you up to date so that you can minimise the online risks. Children have access to the internet on a wide range of devises: mobile phones, tablets, gaming devices (e.g. Nintendo Switch), games consoles (PlayStation, Xbox), laptops, computers, smart TVs and Alexa.

## Useful websites:

- <a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/">https://www.nspcc.org.uk/keeping-children-safe/online-safety/</a> NSPCC website with lots of very useful information
- <a href="https://saferinternet.org.uk/guide-and-resource/parents-and-carers">https://saferinternet.org.uk/guide-and-resource/parents-and-carers</a> advice and resources to support you as you support your child to use the internet safely, responsibility and positively.
- https://pegi.info/ information about video game ratings
- <a href="https://www.bbc.co.uk/programmes/p023xv3k">https://www.bbc.co.uk/programmes/p023xv3k</a>
   BBC web wise, A series of short films introducing topics in relation to using email, the internet, mobiles and keeping safe online.
- https://www.bbc.com/ownit short videos will useful safety advice
- <a href="https://www.ceop.police.uk/Safety-Centre/">https://www.ceop.police.uk/Safety-Centre/</a> make an online report about child exploitation
- <a href="https://www.childnet.com/">https://www.childnet.com/</a> help and advice on a wide range of areas linked to online safety
- <a href="https://www.thinkuknow.co.uk/">https://www.thinkuknow.co.uk/</a> The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.

## Family/child settings for gaming:

- <a href="https://www.xbox.com/en-GB/apps/family-settings-app">https://www.xbox.com/en-GB/apps/family-settings-app</a> advice for family settings on Xbox
- <a href="https://manuals.playstation.net/document/en/ps4/settings/family.html">https://manuals.playstation.net/document/en/ps4/settings/family.html</a> advice for family settings on Playstation
- https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html - advice for family settings on Nintendo Switch
- <a href="https://support.apple.com/en-gb/HT201304">https://support.apple.com/en-gb/HT201304</a> advice for parental controls for Apple devices