

Parent carer online hub

Third Wednesday of every month

10.00am-11.30am on Zoom

Are you caring for a young adult or adult with autism or an additional need?

Join our monthly online hub to chat with other parent carers who are caring for an adult family member.

- Time to chat and share experiences.
- Support and advice from carer advisors at Caring Together.
- Workshops and training - we will have occasional speakers come along to the hub.

The hub is free to attend for parent carers living in Cambridgeshire or Peterborough.

To find out more

0345 241 0954 • hello@caringtogether.org • caringtogether.org

To book visit <https://parent-carer-online-hub.eventbrite.co.uk>

