



Free Healthy Relationship courses for parents

All relationships have their ups and downs, but if parents are regularly arguing in front of their children, it can have negative and lasting consequences. Help is available for parents who want to communicate in a healthier way. Family Hubs are running courses to support parents who would like to improve the relationship with their partner or ex-partner. Courses bookable directly via the QR code.

2025 workshop booking form

****OCTOBER / NOVEMBER 2025****

Improve the communication with your partner to support your children



Face to Face Cambridge: The Green Room,
The Fields Cambridge City Child and Family Centre, 9 Galfrid Rd,
Cambridge CB5 8ND. Thursday 16th October, 9:30 - 11:30am

Face to Face Peterborough: The Sandalwood Room, Gladstone Park Community Centre, 927
Bourges Blvd, Peterborough PE1 2AN, Wednesday 22nd October, 9:30 - 11:30am

ONLINE: Online via Teams: Wednesday 19th & Wednesday 26th November, 12:00 - 1 pm

Improve the communication with your ex-partner to support your children

Face to Face Cambridge: The Green Room, The Fields Cambridge City Child and Family
Centre, 9 Galfrid Rd, Cambridge CB5 8ND. Thursday 16th October, 12:45 - 14:45pm

Face to Face Peterborough: The Sandalwood Room, Gladstone Park Community Centre, 927
Bourges Blvd, Peterborough PE1 2AN, Wednesday 22nd October, 12:45 - 14:45 pm

ONLINE: Online via Teams: Tuesday 18th & Tuesday 25th November, 12:00 - 1 pm

