

About us

Richmond Fellowship and Humankind have come together to form **Waythrough.**

Waythrough specialises in mental health, alcohol, drugs and related areas. Our high quality, evidence-based services are designed around the needs of the people and communities we serve.

For more information visit:
www.waythrough.org.uk

Get in touch

To find out more about the support we can provide and our referral process, please contact us on:

T: 01480 456 257

E: cambsbeds.referrals@waythrough.org.uk

W: www.waythrough.org.uk

Help to find or stay in work



Waythrough
Cambridgeshire
& Peterborough
Employment Service

Working in partnership with

 **Cambridgeshire & Peterborough**
Integrated Care System

Waythrough is a company registered in England and Wales.

Registered office: Inspiration House, Unit 22, Bowburn North Industrial Estate,
Durham DH6 5PF. Registered Company 01820492 | Registered Charity
515755 | CQC registered provider 1-126775024. Social housing registered
provider 4713 | VAT 413 2088 32

How we can help

We offer one-to-one support for people living with mental ill health and/or Autism across Cambridgeshire and Peterborough.

We can support you to find new employment or support you to manage work place situations to retain your employment.

Who we can help

If you are aged 18 or above and living with mental ill health and/or Autism please contact us to find out how we can support you.

our promise

To everyone that comes through our doors, we promise:

Wherever you are now, we won't judge or write you off.

We'll help you work out who you want to be and where you want to go.

Support we offer

Our Employment Advisors cover Cambridge, Huntingdon, Peterborough, Fenland and East Cambridgeshire. We can support you on a one-to-one basis, providing confidential, impartial advice and guidance to help you to move forward and achieve your employment related goals.

Here are just some of the areas we can support you with:

- Targeted job searching
- Writing effective CV's, cover letters and online/paper applications
- Interview preparation
- Advice on how to disclose mental health history and any gaps in employment
- In work support including attending return to work and disciplinary meetings
- Supporting both you and your employer to facilitate a meaningful and sustainable return to work plan, including addressing reasonable adjustments and occupational health recommendations to manage your mental health in work
- Provide ongoing on site support once you return to work.

We also offer outreach services countywide. We can meet you in community settings such as libraries or GP surgeries to offer one-to-one support and advice in a venue you feel comfortable in.