



**HUNTINGDONSHIRE  
CHILD AND FAMILY CENTRE**

# WHAT'S ON

**January 2026**



## **Welcome to our Child & Family Centres.**

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all.

There is a small charge for some groups, but please let us know if payment may be difficult.



## Things you need to know...

### Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

### Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email [ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk](mailto:ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk) or on Facebook.

### Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk) (search Privacy Notice).

## Addresses

<b>St Neots Child and Family Centre, Eaton Socon Site,</b> Bushmead Road, Eaton Socon, St Neots PE19 8BT	<b>St Neots Child and Family Centre, Eynesbury Site</b> Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
<b>Sawtry Child and Family Zone at Sawtry Community Centre,</b> Green End Road, Sawtry PE28 5UX	<b>Ramsey Child and Family Zone at Ramsey Library,</b> 25 Great Whyte, Ramsey PE26 1HG
<b>Huntingdon Child and Family Centre, Huntingdon Youth, Child &amp; Family Centre Site,</b> Sallowbush Road, Huntingdon PE29 7AF	<b>Huntingdon Child and Family Centre, Huntingdon Nursery School Site,</b> Ambury Road, Huntingdon PE29 1AD
<b>St Ives Child and Family Zone at Broad Leas Centre,</b> St Ives PE27 5QB	

In January we will be thinking about ....

**Lunar New Year**

**Launch of National Year of Reading  
5 January 2026**



If you would like to celebrate something important to you  
with other people who use our services please let us know.

B = Booking Required

£ = There is a charge for this session

Monday				
<b>English for Adults</b> 9am to 11am	12, 19, 26 Jan	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Stay and Play</b> 9.15am to 10.45am	12, 19, 26 Jan	A fun play session for children aged 0 to 5 years.  No booking required.	£	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Tiniest Feet</b> 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
<b>Sensory Tots</b> 10am to 11.30am	Weekly	A play session for little ones from birth to 2 years.  To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
<b>Baby Music Makers</b> 10am to 11.30am	5, 19 Jan	A session full of music, singing and free play. Suitable for pre-mobile babies up to 1 year.  To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre

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Monday continued				
<b>Stay and Play</b> 10am to 11.30am	12, 26 Jan	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Buckden Village Hall Burberry Rd Buckden PE19 5UY
<b>Self-Weigh</b> 11.30am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Self-Weigh</b> 12 noon to 1.15pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
<b>English for Adults</b> 1pm to 3pm	12, 19, 26 Jan	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Storycraft</b> 1.30pm to 2.45pm	Weekly	A story session with themed crafts. Join in with craft activities and then listen to a story. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre

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Monday continued				
<b>Sensory SEND Stay and Play</b> 1.30pm to 3pm	26 Jan	<p>A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p>To book a space please call 01480 372700.</p>	B	Huntingdon Youth, Child and Family Centre


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Tuesday				
<b>Maths for Adults</b> 9am to 11am	13, 20, 27 Jan	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Drop-In Child Health Clinic</b> 9.30am to 11.30am	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		St Ives Child and Family Zone
<b>Stay and Play Little Bears</b> 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
<b>Tiniest Feet</b> 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone
<b>Storytime</b> 10am to 11am	13, 20, 27 Jan	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years.  No booking required.		Coneygear Centre Butts Grove Way Huntingdon PE29 1PE

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Tuesday continued				
<b>Pop Up Multiple Births</b> 10am to 11.30am	13 Jan	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
<b>Self-Weigh</b> 11.30am to 2.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Ramsey Child and Family Zone
<b>Drop-In Child Health Clinic</b> 1pm to 2.30pm	6, 20 Jan	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		Queens Park Hall Daimler Avenue Yaxley PE7 3LX
<b>Stay and Play: 50 Things</b> 1.15pm to 2.45pm  	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Young Parents Group</b> 1.30pm to 3pm	Weekly	A group for parents and expectant parents aged 22 or under, with children aged 0 to 5 years. Come and join these free, informal sessions to play and chat about preparing for baby, birth and caring for yourself and your little one.  To book a space please call 01480 372700.	B	St Ives Child and Family Zone

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Wednesday				
<b>Sensory Tots SEND</b> 9.15am to 10.45am	14, 21 Jan	<p>A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome . The Nursery SENCO will be available for parents.</p> <p>Please note there is no session on the last Wednesday of every month.</p> <p>To book a space please call 01480 375216.</p>	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Stay and Play</b> 10am to 11.30am	Weekly	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
<b>Drop-In Child Health Clinic</b> 11am to 12.30pm	7, 14, 21 January	<p>Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.</p> <p>No booking required.</p>		Sawtry Child and Family Zone
<b>Tiniest Feet</b> 12.30pm to 2pm	Weekly	<p>Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p>To book a space please call 01480 372700.</p>	B £	St Ives Child and Family Zone

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Wednesday continued				
<b>Self-Weigh</b> 11am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Sawtry Child and Family Zone
<b>Sensory Babies</b> 1.30pm to 3pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  <b>28 Jan – Tiny Tooth</b> For the last 30 minutes of the group, we'll spend some time talking about how to look after your baby's teeth, and where to go when you need help.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Stay and Play</b> 1.45pm to 3pm	Weekly	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB

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Thursday				
<b>Introducing Family Foods Workshop</b> See description for times		A workshop to find out more about how to introduce your baby to your family foods.  <b>15 Jan</b> – 9.45am to 10.45am, Huntingdon Youth, Child and Family Centre <b>22 Jan</b> – 10.15am to 11.15am, Eaton Socon Child and Family Centre  To book a space please call 01480 372700.	B	Various locations - <i>please see description</i>
<b>Sensory Tots</b> 10am to 11.30am	8, 15, 22, 29 Jan	A play session for little ones up to the age of 2 years, running alongside the drop-in child health clinic.  To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
<b>Little Explorers</b> 10am to 11.30am	8, 15, 22, 29 Jan	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Stay and Play</b> 10am to 11.30am	8, 15, 22, 29 Jan	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

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Thursday continued				
<b>Peep Group</b> 10am to 11.30am	15, 22, 29 Jan	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months.  To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
<b>Drop-In Child Health Clinic</b> 10am to 11.30am	8, 15, 22, 29 Jan	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Infant Feeding Drop-In</b> 10am to 11.30am	15, 29 Jan	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Self-Weigh</b> 10.30am to 12.30pm	8, 15, 22, 29 Jan	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		St Ives Child and Family Zone
<b>Peep Group</b> 1pm to 2.30pm	15, 22, 29 Jan	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years.  To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE




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Friday				
<b>Self-Weigh</b> 9.30am to 12noon	9, 16, 23, 30 Jan	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Eaton Socon Child and Family Centre
<b>Breastfeeding Drop-In</b> 10am to 11am	9, 16, 23, 30 Jan	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.  No booking required.		Eaton Socon Child and Family Centre
<b>Four to Explore</b> 10am to 11.30am	9, 16, 23, 30 Jan	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.  <b>9 Jan</b> – Transport <b>16 Jan</b> – Let's Get Creative <b>23 Jan</b> – Let's Get Physical <b>30 Jan</b> – All About Me  To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
<b>Four to Explore</b> 10am to 11.30am	9, 16, 23, 30 Jan	A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.  <b>9 Jan</b> – Storycraft <b>16 Jan</b> – Let's Get Physical <b>23 Jan</b> – Little Builders <b>30 Jan</b> – Messy Play  To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

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Friday continued				
<b>Drop-In Child Health Clinic</b> 10.15am to 12.15pm	9, 23 Jan	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		Ramsey Library 25 Great Whyte Ramsey PE26 1HG
<b>Pop Up Stay and Play</b> 10.30am to 11.30am	2 Jan	A stay and play session suitable for children aged 0 to 8 years.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Pop Up Friplay Stay and Play</b> 1.30am to 2.30pm	30 Jan	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Five to Thrive Friday</b>  	Weekly	'The things you do every day, that help your child's growing brain'.  We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!		Facebook post:    

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# Dads Matter!

Free peer support for dads, where we talk about real-life challenges and explore topics designed to support your wellbeing and daily life.

Because your mental health matters at every stage of parenting.

**Friday 30th January 2026 until Friday 20th March  
12pm – 2pm**

**Huntingdon Youth, Child and Family Centre  
Sallowbush Road, Huntingdon, PE29 7AF**




**Contact: [perinatalervices@cpslmind.org.uk](mailto:perinatalervices@cpslmind.org.uk)**



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	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact <a href="mailto:childandfamilycentre.hunts@cambridgeshire.gov.uk">childandfamilycentre.hunts@cambridgeshire.gov.uk</a> for a chat with one of our staff.</p>
	<p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.</p>
	<p><b>Five to Thrive</b></p> <p>'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p><b>Breastfeeding Support</b></p>	<p>Information on support available locally can be found by visiting:  <a href="https://www.facebook.com/CambridgeshireInfantFeeding">www.facebook.com/CambridgeshireInfantFeeding</a></p>
<p><b>Are you concerned about the safety of a child?</b></p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p><b>Support for Young People</b></p>	<p><b>Keep Your Head:</b> A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.  <a href="http://www.keep-your-head.com">www.keep-your-head.com</a></p>



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## Our Opening Times

<b>Eynesbury Site</b>	<b>Eaton Socon Site</b>	
<i>Monday 9.30am to 4pm</i>	<i>Tuesday 1pm to 4pm Wednesday 9.30am to 4pm Thursday 9.30am to 1pm Friday 9.30am to 2.30pm</i>	
<b>Sawtry Zone</b>	<b>Ramsey Zone</b>	
<i>Monday, Wednesday and Friday 9.30am to 2.30pm</i>	<i>Tuesday 10am to 2.30pm</i>	
<b>Huntingdon Nursery Site</b>	<b>Huntingdon Youth Centre Site</b>	<b>St Ives Zone</b>
<i>Monday to Friday 8.45am to 3.30pm term time Mondays and Wednesdays 9am to 12 noon during school holidays</i>	<i>Monday 9.30am to 4pm Tuesday 9.30am to 12 noon Thursday 9.30am to 1pm Friday 9.30am to 2.30pm</i>	<i>Tuesday and Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>

## Contact Us

Get In Touch		
<b>St Neots Child and Family Centre Eaton Socon Site</b> 01480 372700	<b>St Neots Child and Family Centre Eynesbury Site</b> 01480 372700	
<b>Sawtry Child and Family Zone</b> 01480 372700	<b>Ramsey Child and Family Zone</b> 01480 372700	
<b>Huntingdon Child and Family Centre Huntingdon Nursery Site</b> 01480 375216	<b>Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site</b> 01480 372700	
<b>St Ives Child and Family Zone</b> 01480 372700		
<b>Email us:</b> <a href="mailto:childandfamilycentre.hunts@cambridgeshire.gov.uk">childandfamilycentre.hunts@cambridgeshire.gov.uk</a>		

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



Follow us on Instagram -  
[@childandfamilycentres.hunts](https://www.instagram.com/childandfamilycentres.hunts)



'Like' our Facebook page -  
Huntingdonshire Child and Family Centres



Find us on YouTube -  
Cambridgeshire Child and Family Centres



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