## Education Inclusion Family Advisor Workshops Spring Term 2023

All workshops are run online via Microsoft Teams. If you'd like to join the workshop you will need internet access and a compatible device.

(Full access instructions will be provided with the electronic invitation).

## Huntingdonshire Area additional workshops:

**Sibling Rivalry**: Thursday 23<sup>rd</sup> February 1pm-2pm To attend this session, please email: <u>Lorraine.simon@cambridgeshire.gov.uk</u>

**Challenging Behaviour**: Friday 24<sup>th</sup> February 10am-11am To attend this session, please email: <u>Amy.murden@cambridgeshire.gov.uk</u>

**Building Resilience:** Thursday 9<sup>th</sup> March 1pm – 2pm To attend this session, please email: <u>Danielle.tetherton@cambridgeshire.gov.uk</u>

## Core Workshops across Cambridgeshire:

Each term, the EIFA team offers a range of core workshops for families across the whole of Cambridgeshire. These workshops will be running on Tuesday lunchtimes, from 12-1pm, starting from 7<sup>th</sup> February. Please book a place via the electronic links below.

- **Communicating Better parent to parent** 7<sup>th</sup> February
- Digital safety 21<sup>st</sup> February
- Parental well-being 28<sup>th</sup> February
- Supporting with feelings of worry 7<sup>th</sup> March
- Supporting with feelings of anger 14<sup>th</sup> March
- Sleep hygiene 21<sup>st</sup> March

To book, please use the link below or QR code via your camera to be directed to the booking form: https://forms.office.com/e/eA4rKpZZk0





For further information, please contact earlyintervention@cambridgeshire.gov.uk