Covid-19 Related Absence from school – a Quick Guide for Parents

What should I do if ….?	Action needed …
My child is feeling ill with Covid-19 symptoms of: • **a high temperature** – this means your child feels hot to touch on their chest or back • **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours • **a loss or change to your sense of smell or taste** – this means your child cannot smell or taste anything, or things smell or taste different to normal. Most children with Covid-19 have at least one of these symptoms.	**DO NOT SEND YOUR CHILD TO SCHOOL.** The whole household must self-isolate. Your child will need to isolate for 10 days from the start of symptoms; the rest of the household should isolate for 14 days. You should book a test for your child using this link here, or by phoning 119. Please note - only the person with symptoms should be tested and there is no need for others in the household to have a test, unless they also have any of the symptoms mentioned. **Make sure you tell the school immediately about the result of the test.**
My child is feeling ill with **other symptoms** such as a sore throat, runny nose or a headache.	You should act in the same way as you would have done before the pandemic. This may involve sending your child to school or keeping them at home, depending on the nature and severity of symptoms. Of course you should seek medical advice via your GP or NHS direct on 111 if you would normally do so. Please note – if your child has sickness or diarrhoea they should not return to school until 48 hours after the last bout of this, as is normal policy.
Someone in my household has Covid-19 symptoms	**DO NOT SEND YOUR CHILD TO SCHOOL.** The whole household must self-isolate and the person with symptoms should book a test using this link here, or by phoning 119.
Someone in my household tests **positive** for Covid-19	**DO NOT SEND YOUR CHILD TO SCHOOL.** The whole household should isolate for 14 days. The person who has tested positive must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours.
Someone in my household with symptoms tests **negative** for Covid-19	Your child can return to school, assuming they are well, and no one in the household or support bubble has any further Covid-19 symptoms.
My child tests **positive** for Covid-19	**DO NOT SEND YOUR CHILD TO SCHOOL.** Your child must isolate for 10 days from the start of symptoms, and until there is no fever for 48 hours. The rest of the household should isolate for 14 days.
My child tests **negative** for Covid-19 (test done when the child had symptoms)	Your child can return to school, assuming they are well, and no one in the household or support bubble has any Covid-19 symptoms.