

Education Inclusion Family Advisor Newsletter

September 2022

Newsletter update

We are excited to be back after the summer break. Before the end of term, we sent out an evaluation form for our newsletter to schools/parents/carers and staff. We had a huge response and received many positive comments regarding the newsletter, so thank you to all that contributed. Following this feedback, we have now changed the newsletters to monthly, as requested. We hope you enjoy the new format. We will use the newsletter to keep you updated about workshops being offered throughout the county. We will also include parenting tips and resources based on the feedback we received from the evaluation results.

Summer Holiday update

We were busy over the summer holidays with our workshops and drop-ins. We had a total of 72 parents/carers join us which was fantastic!

We ran weekly drop-in appointments and weekly workshops, covering a mixture of themes including sleep, supporting with feelings of worry, supporting with feelings of anger, what to do when kids push our buttons and sibling rivalry.

We received lots of feedback from those that attended and we are already planning the next half-terms offer.

Workshops

Please see below our list of workshops that we are delivering this term, starting weekly from Tuesday 11th October, from 12-1pm.

- **Supporting with feelings of worry** – 11th October
- **Supporting with feelings of anger** – 18th October
- **Support for managing conflict for separated or separating parents/carers** – 8th November
- **Digital safety** – 15th November
- **Parental well-being** – 22nd November
- **Supporting with feelings of worry** – 29th November
- **Supporting with feelings of anger** – 6th December
- **Sleep** – 13th December

To book, please use the link below or QR code via your camera to be directed to the booking form:

<https://forms.office.com/r/qXaZKsEnaC>



23rd of September is the **International Day of Sign languages** – why not incorporate some one to one time in with learning a new song/words in sign language to raise awareness of Makaton and sign language. CBeebies has information for parents/carers alongside songs/programmes such as Something Special and Magic Hands that use Makaton and British Sign Language (BSL) within its programmes.

[Using signs and symbols to communicate - CBeebies - BBC](#)

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cams.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer