

# Supporting with feelings of worry workshop

## Additional date:

We are running an additional supporting with feelings of worry workshop for parents/carers. This workshop will be running:

**Thursday 15<sup>th</sup>  
December 2022**

**10am – 11am**

To register a place please use the form below, or scan the QR code using your phones camera option:

<https://forms.office.com/e/quqdwLJ7nr>



This workshop will be delivered via Microsoft Teams. A link will be emailed to you the day before the session.