Education Inclusion Family Advisor Workshops Spring Term 2023

All workshops are run online via Microsoft Teams. If you'd like to join the workshop you will need internet access and a compatible device.

(Full access instructions will be provided with the electronic invitation).

Huntingdonshire Area additional workshops:

Sibling Rivalry: Thursday 23rd February 1pm-2pm To attend this session, please email: <u>lorraine.simon@cambridgeshire.gov.uk</u>

Challenging Behaviour: Friday 24th February 10am-11am To attend this session, please email: <u>amy.murden@cambridgeshire.gov.uk</u>

Building Resilience: Thursday 9th March 1pm – 2pm To attend this session, please email: <u>danielle.tetherton@cambridgeshire.gov.uk</u>

Core Workshops across Cambridgeshire:

Each term, the EIFA team offers a range of core workshops for families across the whole of Cambridgeshire.

These workshops will be running on Tuesday lunchtimes, from 12-1pm, starting from 7th February. Please book a place via the electronic links below.

- Communicating Better parent to parent 7th February
- Digital safety 21st February
- **Parental well-being** 28th February
- Supporting with feelings of worry 7th March
- Supporting with feelings of anger 14th March
- Sleep hygiene 21st March

To book, please use the link below or QR code via your camera to be directed to the booking form: https://forms.office.com/e/eA4rKpZZk0



Cambridgeshire County Council