# Education Inclusion Family Advisor Newsletter May 2023

### A Message From Me

Hello, my name is Leanne and I am your Education Inclusion Family Advisor. I am here to offer advice and support around;

- Challenging behaviour
- Routines
- Supporting emotions and wellbeing
- School transitions
- Parenting strategies
- Building resilience and confidence
- Other family challenges you might be facing

Please see my contact details below.

## Activity Idea Woodland scavenger hunt!

Visit:

https://woodlandclassroom.com/get-a-free-nature-scavenger-hunt/

Download the scavenger hunt PDF for free and start searching for creepy crawlies and treasure in the woods! How many will you check off the list this time?



### Parenting workshops return in May!

Our popular online parenting workshops are returning in May and will run for 6 weeks.

Sign up with this link:

https://forms.office.com/e/kxcxPaPaB7

Subjects covered are:

**Communicating better parent to parent** –16<sup>th</sup> May 12 – 1pm

**Digital safety/internet safety** – 23<sup>rd</sup> May 12 – 1pm

Parental wellbeing – 6<sup>th</sup> June 12 – 1pm Supporting with feelings of worry – 13<sup>th</sup> June 12 – 1pm

**Supporting with feelings of anger** – 20<sup>th</sup> June 12 – 1pm

**Sleep** – 4<sup>th</sup> July 12 – 1pm

Look out for our special **Transitions workshop**, dealing with the start of Secondary and Primary school.

More details on this coming soon.

### **Evening workshops**

We are currently looking into the possibility of running evening workshops for parents.

If this is something that you would be interested in, please register your interest here:

https://forms.office.com/e/tCHbas6wSD

**Does** your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

