

Suggested EYFS weekly timetable for learning at home 30/3/20

EYFS	8.45	9.00	Busy learning	10.45-11	Phonics	12pm	1pm	Busy learning
Monday	<p>Start your morning with some stretches and exercise! Pick a go noodle or 'koo koo kanga roo' video or two to dance to! https://www.youtube.com/watch?v=tbPGvZDNoYo</p>	<p>Write a sentence or more if able about your weekend news. Remember to think about your formation and use a finger space – try to use your own sound knowledge and a mat to write this independently.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>	<p>Break time</p>	<p>Watch the Tapestry phonics challenge and complete activity. <i>You could also watch a previous challenge and recap those any of activities.</i></p>	<p>Lunch time</p>	<p>Watch the link about the butterfly lifecycle. https://www.youtube.com/watch?v=jivWeOrCaeI Talk about what you see happening. Make a poster of your own version of a life cycle.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>
Tuesday	<p>Start your morning singing! https://www.youtube.com/watch?v=71hqRTgUo_wg From 2.25 in the video you can sing hello in different languages.</p>	<p>PE – 30 minutes of exercise You could repeat a PE lesson from Joe Wickes, complete a cosmic yoga (found on youtube) or a BBC lets move programme. https://www.bbc.co.uk/programmes/b03g64pk/episodes/downloads</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>	<p>Break time</p>	<p>Watch the Tapestry phonics challenge and complete activity. <i>You could also watch a previous challenge and recap those any of activities.</i></p>	<p>Lunch time</p>	<p>Draw or paint a picture, model or collage of a life cycle of a butterfly. Write labels and create your own beautiful butterfly or caterpillar picture.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>

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Wednesday	<p>Say hello to everyone in your family. Send a virtual hello to someone special e.g a call to a class mate or video message to an auntie.</p>	<p>Read or watch 'The very hungry caterpillar' https://www.youtube.com/watch?v=75NQK-Sm1YY</p> <p>Cut out and order the days of the week and draw the correct amounts of each food by the correct day.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>	Break time	<p>Watch the Tapestry phonics challenge and complete activity.</p> <p><i>You could also watch a previous challenge and recap those any of activities.</i></p>	Lunch time	<p>Spend the afternoon learning a new skill or developing a new interest.</p> <p>Could you learn how to make a recipe? Create a song and dance routine? Draw and write a little story?</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>
Thursday	<p>Start your morning with some stretches and exercise! Pick a go noodle or 'koo koo kanga roo' video or two to dance to! https://www.youtube.com/watch?v=tbPGvZDNoYo</p>	<p>Start by counting from 1-20 using language of 1 more than...is...</p> <p>Then use the stem sentences for teen numbers 'I know it is 13 because it is a ten and a 3'</p> <p>Use counters, toys or everyday objects to create your own addition calculations. For more challenge you could record the calculations e.g $4 + 3 = 7$</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>	Break time	<p>Watch the Tapestry phonics challenge and complete activity.</p> <p><i>You could also watch a previous challenge and recap those any of activities.</i></p>	Lunch time	<p>Watch and complete the Forest School Challenge on Tapestry.</p> <p>You could also complete previous challenges or ask your child to think about their favourite thing to do at forest school and recreate it at home.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>

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Friday	<p>Start your morning singing!</p> <p>https://www.youtube.com/watch?v=71hqRTgUowg</p> <p>From 2.25 in the video you can sing hello in different languages.</p>	<p>Choose a book from the web link and read it to your grown up.</p> <p>https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/</p> <p>look back through the book to see if you can find any tricky words and make a list of them.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>	Break time	<p>Watch the Tapestry phonics challenge and complete activity.</p> <p><i>You could also watch a previous challenge and recap those any of activities.</i></p>	Lunch time	<p>Go into your garden or front door with numbers to 10 (and to 20 for added challenge)</p> <p>Do start jumps, spotty dogs etc for different amounts. Focus on counting carefully.</p>	<p>Choose 1 or 2 challenge ideas from your choosing grid.</p>
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