Suggested EYFS weekly timetable for learning at home 30/3/20

| S, c | 8.45 | 9.00 | Busy | -11 | Phonics | L | 1pm | Busy |
|----------|------------------------------|------------------------------------|----------|------------|------------------------|------------|----------------------------|---------------|
| EYFS | | | learnin | 0.45- | | 12pm | | learning |
| ш 1 | | | g | 10 | | `` | | |
| | Start your morning | Write a sentence or more if able | Choose 1 | | Watch the Tapestry | | Watch the link about | Choose 1 or 2 |
| | with some stretches | about your weekend news. | or 2 | Break time | phonics challenge and | Lunch time | the butterfly lifecycle. | challenge |
| | and exercise! | Remember to think about your | challeng | | complete activity. | | https://www.youtube. | ideas from |
| ∀ | Pick a go noodle or | formation and use a finger space – | e ideas | | You could also watch a | | <u>com</u> | your choosing |
| الق | 'koo koo kanga roo' | try to use your own sound | from | | previous challenge and | | <u>/watch?v=jivWeOrCae</u> | grid. |
| Monday | video or two to dance | knowledge and a mat to write this | your | | recap those any of | | <u>I</u> | |
| ≥ | to! | independently. | choosing | | activities. | | Talk about what you | |
| | https://www.youtube. | | grid. | | | | see happening. Make | |
| | <pre>com/watch?v=tbPGv</pre> | | | | | | a poster of your own | |
| | <u>ZDNoYo</u> | | | | | | version of a life cycle. | |
| | Start your morning | PE – 30 minutes of exercise | Choose 1 | | Watch the Tapestry | | Draw or paint a | Choose 1 or 2 |
| | singing! | | or 2 | Break time | phonics challenge and | Lunch time | picture, model or | challenge |
| | https://www.youtube. | You could repeat a PE lesson from | challeng | | complete activity. | | collage of a life cycle | ideas from |
| | <u>com</u> | Joe Wickes, complete a cosmic | e ideas | | | | of a butterfly. | your choosing |
| Tuesday | <u>/watch?v=71hqRT9Uo</u> | yoga (found on youtube) or a BBC | from | | You could also watch a | | | grid. |
| es | <u>wg</u> | lets move programme. | your | | previous challenge and | | Write labels and | |
| Lū | | https://www.bbc.co.uk/programm | choosing | | recap those any of | | create your own | |
| ' | From 2.25 in the | es /bo3g64pk/episodes/downloads | grid. | ш | activities. | | beautiful butterfly or | |
| | video you can sing | | | | | | caterpillar picture. | |
| | hello in different | | | | | | | |
| | languages. | | | | | | | |

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| Wednesday | Say hello to everyone in your family. Send a virtual hello to someone special e.g a call to a class mate or video message to an auntie. | Read or watch 'The very hungry caterpillar' https://www.youtube.com/watch?v=75NQK-Sm1YY Cut out and order the days of the week and draw the correct | Choose 1 or 2 challeng e ideas from your choosing | 3reak time | Watch the Tapestry phonics challenge and complete activity. You could also watch a previous challenge and recap those any of | Lunch time | Spend the afternoon learning a new skill or developing a new interest. Could you learn how to make a recipe? | Choose 1 or 2 challenge ideas from your choosing grid. |
|-----------|---|--|--|------------|---|------------|---|--|
| We | an donce. | amounts of each food by the correct day. | grid. | B | activities. | Lu | Create a song and dance routine? Draw and write a little | |
| | | | | | | | story? | |
| Thursday | Start your morning with some stretches and exercise! Pick a go noodle or 'koo koo kanga roo' video or two to dance to! https://www.youtube. com /watch?v=tbPGvZDN oYo | Start by counting from 1-20 using language of 1 more thanis Then use the stem sentences for teen numbers 'I know it is 13 because it is a ten and a 3' Use counters, toys or everyday objects to create your own addition calculations. For more challenge you could record the calculations | Choose 1 or 2 challeng e ideas from your choosing grid. | Break time | Watch the Tapestry phonics challenge and complete activity. You could also watch a previous challenge and recap those any of activities. | Lunch time | Watch and complete the Forest School Challenge on Tapestry. You could also complete previous challenges or ask your child to think about their favourite thing to do at forest school and recreate it at | Choose 1 or 2 challenge ideas from your choosing grid. |
| | | e.g 4 + 3 = 7 | | | | | home. | |

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| | Start your morning | Choose a book from the web link | Choose 1 | | Watch the Tapestry | | Go into your garden or | Choose 1 or 2 |
|--------|----------------------|--------------------------------------|----------|------|------------------------|--------|------------------------|---------------|
| Friday | singing! | and read it to your grown up. | or 2 | time | phonics challenge and | ı time | front door with | challenge |
| | https://www.youtube. | | challeng | | complete activity. | | numbers to 10 (and to | ideas from |
| | com/watch?v=71hqRT | https://www.oxfordowl.co.uk/for- | e ideas | | | | 20 for added | your choosing |
| | <u>9Uowg</u> | home/find-a-book/library-page/ | from | | You could also watch a | | challenge) | grid. |
| | From 2.25 in the | | your | eak | previous challenge and | nct | | |
| | video you can sing | look back through the book to see | choosing | Ŗ | recap those any of | Lu | Do start jumps, spotty | |
| | hello in different | if you can find any tricky words and | grid. | | activities. | | dogs etc for different | |
| | languages. | make a list of them. | | | | | amounts. Focus on | |
| | | | | | | | counting carefully. | |