

Incredible Years

Date: Monday 9th May to Monday 18th July (excluding half term)

Time: 9.30 -11.30

Location: Broadleas Centre, St Ives, PE27 5QB

A free Incredible Years course for caregivers of children up to 8 years old. The course aims to increase positive, nurturing parenting and improve parent-child relationships.

It will provide you with the tools you need to help your child develop emotionally and support you with your effective discipline strategies.

For further information or to book onto the course, please contact Family Workers Josie Weston or Caroline Ritchie:

<u>josie.weston@cambridgeshire.gov.uk</u> caroline.ritchie@cambridgeshire.gov.uk

www.cambridgeshire.gov.uk/child-and-familv-centres



